

SAFE PLANTS FOR BIRDS TO EAT

My bird likes to eat my houseplants. Should I be worried?

Many birds naturally eat plants as part of their diet. Birds will chew on and possibly consume plants in the course of play and curiosity. Birds left unsupervised out of their cage may easily encounter plants kept around the house and in the garden. It is important for owners to be aware of which plants are safe to birds. Few actual studies are available in regard to plant toxicity and birds. Some plants will just make a bird sick and some can kill. (see – **Toxic Plants** handout) Some of the information pertaining to other species, including humans, must be extrapolated to birds.



Which plants are Safe?

The following list of indoor and outdoor plants have been reported as having no adverse affects on **animals**. Please reference the **Toxic Plants** handout as well. Remember that any plant eaten in excess may cause harm or gastrointestinal upset. If there is concern regarding specific plants not listed here, or the specific name of a plant, then consult your local Poison Control Center or a reputable plant nursery for more information.

Abelia	Aspen	Bird's Nest Fern
Acacia	Aspidium falcatum	Bitter pecan
Achira	Aspidistra	Bitternut
Acorn squash	Aubepine	Black haw
African Daisy	Autumn olive	Black hawthorn
African violet		Blaspheme vine
Alfalfa	Baby's tears	Blood Leaf
Algaroba	Bachelors buttons	Blooming sally
Aluminum plant	Ball fern	Bluebottle
Alumroot	Bamboo	Blue bead
American rubber	Bamboo palm	Blue daisy
Anthericum comosum	Bamboo vine	Blue echeveria
Antirrhinum multiflorum	Banana	Blue-dicks
Arabian gentian	Banana squash	Blue-eyed daisy
Aralia	Barberry	Blunt leaf peperomia
Arbutus	Beech	Blushing bromeliad
Areca, Butterfly Cane	Begonia species	Bold sword fern
Aregelia	Belmore sentry palm	Boston fern
Artillery plant	Big shellbark hickory	Bottlebrush
Ash	Birch	Bottle Palm

Bougainvillea
Brazilian orchid
Bride's bonnet
Bristly greenbrier
Bromeliads
Broom hickory
Brodiaea pulchella
Butterfly ginger
Butterfly iris
Bullbrier
Bur gourd
Burro's tail
Buttercup squash
Butterfly Cane
Butterfly squash

Caeroba
Calamint
Calathea insignis
Calendula(Pot Marigold)
Calthea lancifolia
California pitcher plant
California Holly
Callistemon radyandrus
Callistemon viminalis
Callistemon citrinus
Calochortus nuttalli
Camellia
Chamonile
Canada hemlock
Canary date palm
Candle plant
Candycorn plant
Cantebury-bell
Cape jasmine
Cape primrose
Carob
Carob tree
Caroba
Carobinha
Carolina hemlock
Carrion flower
Carrot flower
Carrot fern
Casaba melon
Cast Iron plant
Cat brier
Cat ear
Cattleya labiata
Celosia globosa
Celosia plumosa

Celosia spicata
Chamaedorean
Chaparral
Chenille plant
Chestnut
Chicken-gizzard
Chickens and hens
Chickweed
Chicory
Chin-lao-shu
China aster
China root
Chinese plumbago
Chlorophytum
Chlorophytum bechetii
Chocolate soldier
Christmas dagger
Christmas palm
Christmas orchid
Cinnamon
Cinquefoil
Cirrhopetalum
Cissus Kangaroo Vines
Claw Cactus
Clearweed
Cliff brake
Cocks comb
Cocktail orchid
Coleus
Collinia elegans
Color-band
Columnar
Comfry
Common camellia
Common catbrier
Common garden canna
Common greenbrier
Common snapdragon
Common staghorn fern
Confederate jasmine
Coolwort
Copperlead
Copper rose
Coralardisia
Coral bells
Coralberry
Cornflower
Cottonwood
Crab Apple
Crape myrtle

Crataegus
phaenopyrum
Crataegus spp.
Creeping charlie
Creeping gloxinia
Creeping Jenny
Creeping mahonia
Creeping pilea
Creeping rubus
Creeping zinnia
Crepe myrtle
Crimson bottlebush
Crimson cup
Crisped feather fern
Crossandra
Croton
Cucumber
Cushon aloe
Cushion moss
Cyrtudeira reptans

Dahlia
Dainty
Dainty rabbits-foot fern
Dallas fern
Dancing doll orchid
Dandelion
Date
Davallia bullata mariessi
Davallia
richomanoides
Desert trumpet
Dichelostemma
Dichorisandra reginae
Dill
Dinteranthus vanzylii
Dogwood
Donkey tail
Dracaena
Duffy fern
Dwarf date palm
Dwarf feather fern
Dwarf palm
Dwarf Rose-Stripe Star
Dwarf royal palm
Dwarf whitman fern

Earth star
Easter cattleya
Easter daisy
Easter lily cactus

Easter orchid
Echeveria
Edible banana
Elephant-Ear Begonia
Elephant foot tree
Elk's Horn
Elm
Emerald ripple
peperomia
English hawthorn
Epidendrum
Episcia spp.
Eucalyptus
Eugenia
Euopean fan

False aralia
Fairy fountain
Fan tufted palm
Feather fern
Feathered amaranth
Fiery reed orchid
Fig leaf gourd
Figleaf palm
Fingernail plant
Fir
Fire weed
Fish tail fern
Flame african violet
Flame of the woods
Flame violet
Florida butter-fly orchid
Forster sentry palm
Fortunes palm
Freckle face
Friendship plant
Frosty

Garden marigold
Garden snapdragon
Gardenia
Garlic
German violet
Gherkins
Ghost leafless orchid
Ghost plant
Giant aster
Giant holly fern
Giant white inch plant
Gibasis geniculata
Globe thistle

Gloxinia
Gold bloom
Gold Dust Dracaena
Gold-fish plant
Golden bells
Golden lace orchid
Golden shower orchid
Good luck palm
Grape hyacinth
Grape Ivy
Grape Vine
Great willow herb
Green ripple peperomia
Greenbrier

Hagbrier
Hardy baby tears
Hardy gloxinia
Haws
Haws apple
Haworthia
Hawthorn
Hedgehog gourd
Hellfetter
Hemlock tree
Hen and chickens fern
Hens and chickens
Hickory
Hindu rope plant
Holligold
Holly fern
Hollyhock
Honey locust
Honey plant
Honeydew melons
Honeysuckle fuchsia
Hookera pulchella
Horse brier
Hoya
Hubbard squash
Hypocyrtta spp.

Ice plant
Imbricata sword fern
Indian Hawthorn
Irish moss
Iron cross begonia
Iron tree
Ivy peperomia
Ivy-leaf peperomia

Jackson brier
Jacob's ladder
Jade Plant
Japanese aralia
Japanese holly fern
Japanese moss
Japanese pittosporum
Jasmine
Jewel orchid
Joseph's coat
Jungle geranium

Kaempferis
Kahali ginger
Kalanchoe

Kenilworth ivy
Kentia palm
Kenya palm
Kenya violet
Kharoub
King nut
King of the forest
King and queen fern
Kuang-yen- pa-hsieh

Lace flower vine
Lace orchid
Ladies ear drops
Lady lou
Lady palm
Lagerstroemia indica
Lance Pleumele
Larch
Large Lady Palm
Laurel-leaved greenbrier
Leather peperomia
Leng-fen tu'an
Lemon Balm
Leopard orchid
Lesser snapdragon
Lilac
Linden
Lipstick plant
Little zebra plant
Little fantasy peperomia
Living rock cactus
Living stones
Locust pods
Lou-lang-t'ou
Luther

Madagascar jasmine
Magnolia bush
Marigold
Maidenhair Fern
Mahonia aquifolium
Malabar gourd
Malaysian dracaema
Manila palm
Manzanita
Mapleleaf begonia
Maranta
Marbled fingernail
Maroon
May Apple
Mary-bud
Measles plant
Melons
Metallic peperomia
Metallic leaf begonia
Mexican firecracker
Mexican rosettes
Mexican snowballs
Miniature date palm
Minature fish tail
Minature maranta
Minature marble plant
Mistletoe cactus
Mockernut hickory
Monkey Plant
Mosaic plant
Moses-in-the-cradle
Mosiatic vase
Moss agate
Moss campion
Moss fern
Moss phlox
Moss rose
Mossy campion
Mother-In-Law's Tongue
Mother fern
Mother spleenwort
Mother of pearl
Mountain camellia
Mountain grape
Mulberry bush
greenbrier
Mulberry tree
Musa paradisiaca
Muscari armeniacum
Muscari spp.

Muskmellon
Nadina
Narrow leafed pleomele
Nasturtium
Natal plum
Neanthe bella palm
Nematanthus spp.
Neanthebella
Neoregelia
Nephrolepsis
Nerve plant
New silver and bronze
Night blooming cereus
Odontoglossum spp.
Old man cactus
Old world orchid
Orange star
Oregon grape
Ossifragi vase
Paddy's wig
Painted lady
Pampus grass
Panamiga
Pansy orchid
Paradise palm
Parlor palm
Parlor plant
Parsley
Passion Flower
Parsley fern
Peace begonia
Peacock plant
Pearl plant
Pearly dots
Peperomia hederifolia
Peperomia peltifolia
Peperomia rotundifolia
Peperomia sandersii
Pepper face
PepperminPeperomia
Persian violet
Petunia
Pheasant plant
Piggy back plant
Pigmy date palm
Pignut
Pignut hickory
Pilea microphylla

Pilea mucosa
Pink Brocade
Pink Pearl
Pink polka dot plant
Pink starlite
Pirliteiro
Pitaya
Pittosporum
Plantanus orientalis
Plantanus occidentalis
Platinum peperomia
Platynerium alicicorne
Plumbago larpentiae
Plush plant
Polka dot plant
Polystichum falcatum
Pony tail Palm
Poplar
Porcelain flower
Pot marigold
Prairie snowball
Prayer plant
Prickly bottlebrush
Prostrate coleus
Purple baby tears
Purple passion vine
Purple Velvet
Purple waffle plant
Purpleosier willow
Pyracanthus
Queen's spiderwort
Queencup
Queens spiderwort
Queensland arrowroot
Rabbits foot fern
Rainbow orchid
Raphiolepsis
Red african violet
Red berried greenbrier
Red edge peperomia
Red hawthorne
Red veined prayer
Reed palm
Rex begonia
Rhynchophorum
Roosevelt fern
Rose
Royal velvet plant
Rubber plant, baby

Russian olive
Saffron spike zebra
Sand verbena
Satin pellionia
Sawbrier
Scabious
Scarlet orchid
Scarlet sage
Sensative Plant
Shagbark hickory
Shan ku'ei-lai
Shellbark hickory
Shiny leaf smilax
Shrimp cactus
Silver bell
Silver berry
Silver heart
Silver-leaf peperomia
Silver nerve plant
Silver pink vine
Silver star
Silver table fern
Silver tree anamiga
Slender deutzia
Small fruited hickory
Smilax tamnoides vas
Spearmint
Spice orchid
Spider ivy
Spider plant
Spotted laurel
Spruce
Squarenut
Squirrels foot fern
Staghorn, Elk's Horn
Star jasmine
Star plant
Star tulip
Star window plant
Strawberry
String of Beads
Striped blushing
Sugar pods
Sulfur flower
Summer hyacinth
Swedish ivy
Sweetheart hoyo
Sweetheart peperomia
Sweet william
Sword fern

Tahitian bridal veil
Tailed orchid
Tall feather fern
Tall mahonia
Teasel gourd
Texas sage
Thea japonica
Thimble cactus
Thistle
Thorn apple
Ti Plant
Ti hu-ling
Tiger orchid
Toad spotted cactus
Tous-les-mois
Trailing peperomia
Tree cactus
Tree gloxinia
Tropical moss
True cantalope
Tu fu-ling
Tulip poplar
Tulip tree
Turban squash
Umbrella plant
Urbinia agavoides
Usambara violet
Variegated laurel
Variegated oval leaf
peperomia
Variegated philodendron
leaf
Variegated wandering
ew
Variegated wax plant
Velvet plant
Venus fly trap
Verona fern
Verona lace fern
Vining peperomia
Violet
Violet slipper gloxinia
Waffle plant
Walking anthericum
Wandering Jew
Washington hawthorn
Water hickory

Watermelon begonia
Watermelon peperomia
Watermelon pilea
Wax plant
Wax rosette
Weeping bottlebrush
Weeping sergeant
hemlock
Weisdornbluten
West indian gherkin
Western sword
White Clover
White ginger
White edged swedish
ivy
White heart hickory
Whitman fern
Wild buckwheat
Wild buckwheat
Wild hyacinth
Wild lantana
Wild sarsaparilla
Wild strawberry
Willow
Willow herb
Windmill palm
Winter cattleya
Withered snapdragon
Woolflower
Yellow bloodleaf
Yellow-flowered gourd
Yerba Linda
Yucca
Zebra haworthia
Zebra plant
Zinnia sp.
Zucchini squash
Safe Trees for Perches
Citrus (all)
Almond
Apple
Apricot
Arbutus
Ash
Beech
Birch
Cactus Wood

Cottonwood
Crab Apple
Dogwood
Elm
Fir
Grape vines
Guava
Hawthorn
Larch
Magnolia
Madrona
Mansanita
Mulberry
Papaya
Peach
Pear
Pine (not with stick sap)
Plum
Poplar
Prune
Thurlow
Vine Maple
Willow

*This client information sheet
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